



SHOPPING LIST

Fried cod fillet with butter sauce

Vegetable stock | olive oil | butter | salt & pepper

Vietnamese minced chicken in little gem

White wine vinegar | sambal | sugar | sunflower oil | olive oil | salt & pepper

Italian flatbread pizzas with buffalo mozzarella

Olive oil | extra-virgin olive oil | salt & pepper

Fried cod fillet with coconut crumble

Olive oil | vegetable stock cubes | butter | salt & pepper

Fresh pasta salad with basil cream and feta

Black balsamic vinegar | salt & pepper

Creamy vegetarian lasagne

Vegetable stock cubes | black balsamic vinegar | butter | flour | olive oil | salt & pepper

Patatas bravas with a goat's cheese omelette

Olive oil | milk | salt & pepper

Sweet and spicy pork with couscous

Vegetable stock cubes | butter | salt & pepper

Spicy Thai chicken salad

Sugar | white wine vinegar | brown sugar | sunflower oil | salt & pepper

🌱 North-African tomato soup with meatballs

Beef stock | olive oil | salt & pepper

🌱 Fried halloumi with walnut and honey

Vegetable stock cube | honey | sunflower oil | butter | salt & pepper

🌱 Speedy one pot pasta with meatballs

Olive oil | beef stock | salt & pepper

★ Luxurious caesar salad with chicken

Olive oil | salt & pepper

★ Potato pancakes with warm-smoked salmon

Extra-virgin olive oil | white balsamic vinegar | honey | flour | sunflower oil | salt & pepper

BREAKFASTBOX:

Apple crumble with muesli

Butter

Banana-mango-pineapple bowl

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Spelt waffles with peanut butter

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